



FALL PROTECTION PLAN DEVELOPER

PROFESSIONAL ONLINE COURSE

SGTAEC25012

SAFCON GROUP

About this course

Working at Heights is classified as high-risk work under South African law.

To protect workers and ensure legal compliance, employers must appoint competent persons to develop, implement, maintain and evaluate Fall Protection Plans.

This course equips learners with the competency to draft and monitor Fall Protection Plans in alignment with the Construction Regulations, Working at Height principles, risk management fundamentals and industry best practice.

Learners will gain the skills to identify fall hazards, assess risk, specify controls, draft method statements, ensure safe access systems, maintain rescue planning and evaluate compliance documentation.

By the end of this course, learners will be able to create fall protection plans that are practical, auditable and aligned with regulatory expectations.

Accreditation & Alignment

This course aligns directly with the legal requirements in:

- Construction Regulations, 2014 – Fall Protection Regulation 10 (1–4)
- Occupational Health and Safety Act 85 of 1993
- SANS requirements for Working at Heights

While not linked to a single SAQA Unit Standard, this course is delivered at an equivalent NQF Level 4–5 planning competency, exceeding general awareness training by including:

- Hazard evaluation principles
- Permit-to-work and procedural control
- Rescue planning considerations
- Document control
- Active monitoring techniques and improvement cycles

Who should do this course?

This programme is ideal for:

- Appointed Fall Protection Plan Developers

- Supervisors overseeing working-at-height activities
- Safety Officers and HSE practitioners
- Construction managers and project supervisors
- Maintenance supervisors
- Risk Assessment personnel
- Contractors performing height work

Prior Risk Assessor training is recommended but not compulsory.

What you will learn – Course Modules

Module 1: Fall Protection Law & Responsibilities

Construction Regulations requirements, appointment duties, supervisory responsibility and employer obligations.

Module 2: Hazard Identification for Work at Height

Fall hazards, access systems, environment conditions, edge exposures, load-bearing surfaces and anchorage suitability.

Module 3: Risk Assessment Principles

Probability and consequence evaluation for height work, significant risk determination and escalation pathways.

Module 4: Control Measures & Safe Work Systems

Engineering controls, barriers, anchor systems, fall arrest vs fall restraint, PPE management and task planning.

Module 5: Developing a Fall Protection Plan

Contents, structure, method statements, legal inclusions and operational approval.

Module 6: Rescue Planning & Emergency Preparedness

Suspension trauma, recovery operations, retrieval requirements and planning documentation.

Module 7: Monitoring & Implementation

Ongoing review of plans, verifying controls, updating documents and audit readiness.

Module 8: Documentation, Training & Competence Records

Linking training, appointment letters, permits, inspection logs, and updating compliance documentation.

Mode of delivery & duration

This programme is delivered fully online through the SAFCON Group LMS.

- Self-paced learning
- Approximate duration: 12–16 hours
- Access via phone, tablet, laptop or PC
- Downloadable templates, plan outlines and checklists included

Course Assessment

Assessments are completed through the LMS and include:

- Module-based quizzes
- Scenario planning questions
- Final summative assessment

A minimum pass mark of 70% is required.

Results are auto-recorded for compliance and training system audit purposes.

Course Certificate

Successful learners will receive a:

SAFCON Group Training Academy

Certificate of Competence: Fall Protection Plan Developer (SGEC012)

Your certificate includes:

- Digital PDF format
- Unique certificate number
- Recognition for audits, contractor compliance, ISO systems and client onboarding

Why choose SAFCON's Fall Protection Plan Developer course?

Developed by senior Working at Heights and HSEQ practitioners

Contains practical tools, templates and planning guides

Focused on operational competence and legal compliance

Suitable for multiple sectors – construction, maintenance, factories, utilities, agriculture, mining and logistics

Forms part of an ideal development pathway toward Safety Officer, Work at Heights Supervisor or HSE Auditor roles

How to Enrol

Choose the registration pathway that suits you:

✓ **Instant Enrolment (Pay Once)**

Click Pay Now to pay securely via PayFast and receive immediate access to the course.

Perfect for:

- Contractors
- Supervisors
- Individuals needing certification urgently

✓ **3-Month Subscription (Pay in Instalments)**

Prefer paying over time?

Use our PayFast subscription option, spreading payment over three monthly instalments.

You gain full access immediately.

Your certificate is issued once the subscription has been successfully completed.

Ideal for:

- Self-funded learners
- Workers upgrading skills
- Budget-sensitive students

Accessible, affordable — because qualifications should be within reach for everyone.

✓ **Corporate / Group Bookings**

If your company requires:

- Bulk registrations
- VAT invoicing
- Purchase orders
- Training matrices

Click Request Corporate Booking and our team will assist.

What happens after enrolment?

You will receive:

- Welcome email
- LMS login details
- Immediate course access
- Support throughout your learning journey

Study at your own pace and download your certificate when competent.

“All courses are tax-deductible as professional training.”



Contract Information

Email: academy@safcongroup.co.za or accounts@safcongroup.co.za

Webpage: www.safcongroup.co.za

Phone: +27 87 265 7547

WhatsApp +27 73 815 4922